

As a registered member of the Bridgewater-Raritan Cheerleading teams, I hereby promise to always do my best to obey the rules and regulations known as the Bridgewater-Raritan Player and Demonstrator Code of Conduct:

- 1. I will show respect for my coaches, teammates, football players, cheerleaders, officials, my opponents, Parent volunteers, and myself always.
- 2. I will not engage in any kind of unsportsmanlike conduct with any coach, cheerleader, parent, volunteer, or spectator from the opposing team such as: booing, taunting, name calling.
- 3. I will treat my coaches and fellow teammates on all program squads with respect and kindness. I understand there is zero tolerance for bullying, harassment, intimidation.
- 4. I understand if there is any evidence brought forth of bullying, harassment, intimidation whether it is during cheer events or outside it will be addressed accordingly.
- 5. I will not use profanity, abusive language, or obscene gestures.
- 6. I will avoid all unsafe behavior at practices and on the sidelines during games.
- 7. I will refrain from fighting verbally or physically with any person. Fighting will NOT be tolerated.

Failure to follow the above rules (1-7) will result in a thorough investigation by the board and may result in verbal warning or other disciplinary actions up to and including removal from the program.

- 8. I understand there is zero tolerance for use of drugs, tobacco, alcohol.
- 9. I understand there is zero tolerance if proof is presented on any social media platform of underage use of tobacco, drugs, or alcohol, whether it is the participant posting or a posting of them by someone else.
- 10. I understand there is zero tolerance if a player presents with any signs of impairment at games, practices, competitions, or other program events.

Failure to follow the above rules (8-10) is grounds for immediate removal from the program.

I understand that all the above-listed rules and regulations will be held for the duration of the program's season beginning July 15th and inclusive of any pre or post season cheerleading clinics. I also understand that I must abide by all other codes of conduct rules set forth by Pop Warner Little Scholars Inc.

Player/Demonstrator printed name:	Date:
Player/ Demonstrator signature:	Date:
Parent/Guardian Signature:	Date:

Updated 5.13.25